



Cancer and your mob

Finding out that you or someone from your mob has cancer is hard. Cancer Council can support you in lots of different ways.



Get help with travel and a place to stay

If you have to travel a long way for treatment, we can help you find transport and a place to stay. There may also be services to help you with jobs around the home.



Find information

We have information about different types of cancer and treatments. You can find these at your treatment centre, on our website, or call us and we'll post them to you.



Yarn with others

We may be able to put you in touch with someone who has had a similar cancer, or with a counsellor. You can get support over the telephone or face to face or online.



Help with bills or legal worries

We can find someone to help you sort out bills and money troubles. If cancer has caused legal worries for you, we may be able to find a lawyer to help.



Hear stories from community

Read stories from mob who have had cancer and learn how they coped and how family can help. Visit our Aboriginal and Torres Strait Islander website.



Talk with our health professionals

We can answer your questions about cancer, and help you find support services where you live. Call 13 11 20 Monday to Friday, 9 am–5 pm.

To find out more about how we can help you, call **13 11 20** or visit **aboriginal.cancercouncil.com.au**









Notes			



Cancer Council NSW acknowledges Traditional Custodians of Country and recognises the continuing connection to lands, waters and communities. We pay our respects to Aboriginal and Torres Strait Islander cultures and to Elders past, present and emerging.

This card features elements from the artwork *Healing Journey* by Carissa Paglino. Carissa was born and raised in Awabakal Country (Newcastle) and is a descendant of the Wanaruah people from the Upper Hunter Valley. Cancer Council NSW's respect symbol (below) was designed by Marcus Lee, a descendant of the Karajarri people.

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